

# 100% PURE!

*Read: Psalm 119:1-16 below*

## **Psalm 119: 1-16**

### **Aleph**

- 1 <sup>[a]</sup> Blessed are they whose ways are blameless,  
who walk according to the law of the LORD.
- 2 Blessed are they who keep his statutes  
and seek him with all their heart.
- 3 They do nothing wrong;  
they walk in his ways.
- 4 You have laid down precepts  
that are to be fully obeyed.
- 5 Oh, that my ways were steadfast  
in obeying your decrees!
- 6 Then I would not be put to shame  
when I consider all your commands.
- 7 I will praise you with an upright heart  
as I learn your righteous laws.
- 8 I will obey your decrees;  
do not utterly forsake me.

### **Beth**

- 9 How can a young man keep his way pure?  
By living according to your word.
- 10 I seek you with all my heart;  
do not let me stray from your commands.
- 11 I have hidden your word in my heart  
that I might not sin against you.
- 12 Praise be to you, O LORD;  
teach me your decrees.
- 13 With my lips I recount  
all the laws that come from your mouth.
- 14 I rejoice in following your statutes  
as one rejoices in great riches.
- 15 I meditate on your precepts  
and consider your ways.
- 16 I delight in your decrees;  
I will not neglect your word.

Keeping pure in today's world can be a tough job, especially for young boys and girls. It seems like temptations are everywhere: billboards, magazines, TV, you name it. And it's only getting worse. But there is a way out. "How can a young man [or woman] keep his way pure? By living according to your word" (verse 9). Here's how it works: (1) *Decide* to live according to God's Word. (Make your mind up to please Him.) (2) *Fill* yourself with God's Word. "I have hidden your word in my heart that I might not sin against you" (verse 11). (3) *Seek* God in prayer each day and allow Him to live and work in your life. As you rely on God, He will help you live the way you're supposed to. So if you want to be pure, follow these three simple steps. You may still stumble, but God will pick you up, dust you off and set you back on your way.

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